

Szot Madziar (Cpl)

(Poland)

Szot Madziar (shawt MAH-djar) is a couple dance influenced by the Walachs culture, some elements of which have survived until today in the western Carpathian Mountains - the Silesian Cieszyn area in southern Poland.

Music: CD: Dance Poland, 1977 Band 14 4/4 meter

Formation: Cpls at random about the area, ptrs facing with R hands joined and L hand on hip.

Steps and Styling: Side Step (2 to a meas): Moving to L: Step on L ft sdwd to L, straightening knees (ct 1); close R to L, taking wt and bending knees (ct 2); repeat cts 1,2 (cts 3,4).
Moving to R: Use opp ftwk and direction.
Note: Each Side Step is preceded by a bend of the knees on ct 4 of the meas before.

Triangle (R ft active): With wt on L ft, touch toe of R ft in front of L (ct 1); touch R toe out to the side (ct 2); close R ft to L taking wt(ct 3); hold (ct 4).

Triangle (L ft active): Same as Triangle (R ft) with opp ftwk.

Hands: When free, make into loose fists and place on hips.

Clap: (M only) Turn L palm up about waist level while raising R hand up about head height. Bring R hand down in a CCW arc and strike R palm on L palm.

Measures	4/4 meter	PATTERN
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INTRODUCTION None. Just before the music starts, bend knees.

I. SIDE STEPS AND ELBOW HOOKS

- A 1 Beg M L and W R dance 2 Side Steps.
- 2 Dance a Triangle pattern with M L and W R toe doing the touching. At the end, bend knees (ct 4).
- 3-4 Repeat meas 1-2 with opp ftwk and direction.
- 5 Both beg L, hook R elbow and circle 1/2 CW with 4 steps, changing places with ptr. M clap hands on 1 and then raise L hand up diag sdwd L with elbow straight. W left hand is still on hip.
- 6 Releasing R elbows, both beg L ft and walk an individual circle to own L (CCW) with 3 steps (cts 1,2,3); hold (ct 4). Hold L hand in front about waist level, arm rounded and palm facing the body. R hand is on hip.
- 7-8 Repeat meas 5-6 with opp ftwk and direction (R hand still claps against L). At the end, bend knees (meas 8, ct 4).

II. SIDE STEP WITH A CROSSING STEP

- A 1 With R hands joined, beg M L, W R and step sdwd to M L, straightening knees (ct 1); with M R, W L step across in front of the other ft, bending knee (ct 2); repeat (cts 3,4).
(cts 3,4).
- 2 Repeat Triangle with M L ft, W R ft active. At end, bend knees (ct 4).
- 3-4 Repeat meas 1-2 with opp ftwk and direction.
- 5 Repeat Fig I, meas 5 (Hook R elbows and exchange places).
- 6 With hands on hips, turn R (CW) in place with 3 steps (cts 1,2,3); hold (ct 4). End facing ptr.
- 7-8 Repeat meas 5-6 with opp ftwk and direction. At end, bend knees (meas 8, ct 4).

III. SIDEWARD AWAY FROM PARTNER

- B 1 With hands on hips dance 2 Side Steps to own R.
- 2 Repeat Triangle with R ft active. At end, bend knees (ct 4).
- 3-4 Repeat meas 1-2 with opp ftwk and direction. Omit knee bend at the end of meas 4.
- 5 Beg R, turn CW once while moving sdwd R with 3 steps (cts 1,2,3); step on L beside R (ct 4).
- 6 Repeat Triangle with R ft active.
- 7-8 Repeat meas 5-6 with opp ftwk and direction. At end, bend knees (meas 8, ct 4).

IV. SIDEWARD AND CHANGE PLACES

- B 1-4 Repeat Fig III, meas 1-4.
- 5-6 M make fists and hold out to sides about head level. Both beg R, change places in CW direction with 4 slow steps (1 step to 2 cts). M make fists and hold out to sides about head level. M cross over with 2 steps and then turn L (CCW) to face ptr. W may make a CW or CCW turn on last 2 steps. End with ptrs facing.
- 7 M: Bend knees, lean fwd and slap R thigh with R hand (ct 1); L thigh with L (ct &); clap hands in front about chest level (ct 2); hold (ct &); repeat (cts 3,&,4,&).
W: Make a R (CW) turn in place with 4 steps (1 to a ct).
- 8 M: Kneel on R knee (R knee close to L heel, R toe extended so that top of R ft is on floor) and spread both arms to side (ct 1); hold (ct 2); rise (ct 3); place hands on hips (ct 4).
W: Dance Triangle with R ft active.

SEQUENCE: Dance pattern as written three times.